

RSE Theme Map 2024

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6
Year 1	Friendships and feelings	Different families	My brilliant body	Keeping clean and taking care of myself	Naming body parts	Keeping safe
Year 2	Friendships and feelings	Different families	My brilliant body	Keeping clean and taking care of myself	Naming body parts	Keeping safe
Year 3	Gender stereotypes and aspirations	Gender stereotypes and aspirations	Me, Myself and I	What makes a good friend?	What makes a good friend?	Families and getting on with our families
Year 4	My personal and private body parts and keeping safe	My personal and private body parts and keeping safe	Body care	Is it risky?	Is it risky?	People who can help us on and offline.
Year 5	Puberty Periods Wet dreams	Assertiveness, saying no Good and bad touch People who can help me	How easy is it to talk about feelings Talking to people about how we feel	Relationships: Trust Peer pressure	Social networking and sending pictures Cyberbullying	Gender stereotypes: Sexual orientation Discrimination and equal opportunities
Year 6	Online and Offline friendships Friendships and secrets Friendships and pressure	Keeping safe: Safe and unsafe touch Keeping safe: Online images	Changes at puberty: Periods (menstruation) Wet dreams and masturbation	Making babies: Sexual intercourse Assisted fertility and multiple births	Making babies: Pregnancy and birth	Identity and prejudice Equality and the law Getting help