

Walking Map

Branfil Primary School



Help Miles the Mole...
Do your share & clear the air!

Together we can **improve** the **health** and **lives** of our **children**



Our aim is for every child and young person in Havering to walk, cycle or use the bus safely for their everyday journeys, especially to and from school.

Air pollution is worse in your car than on the street. Breathe less air pollution by walking or cycling.

We want the children and adults of Havering to breathe clean air, live healthy, long and fulfilling lives and for Havering to be a clean and safe borough.



Most families walk the journey to school. Walking to school is one of the easiest ways we can improve our family's health and wellbeing, and is the easiest way for children to do the recommended 60 minutes of physical exercise every day. It also helps to reduce traffic congestion around the school, reduces air pollution and improves safety for everyone. Best of all, it's free!

Walking to school is beneficial because:

- It keeps us all fit, healthy and happy
- It teaches road safety
- Walkers breathe less air pollution than car drivers and passengers
- It's quicker than finding a parking space
- It's better for the environment and helps keep our air clean
- It helps keep the roads around school free from traffic which is safer for all our children
- It's fun to walk and talk, and it's totally free!

If you do need to travel by car, please park outside of the Walking Zone and walk the last part of the journey with everyone else.
Our map will help you find your route to school.

This map was created by Branfil Primary School pupils, to encourage more walking and active travel to our school.

Take the **clean air way home** via the amazing **green spaces** on your doorstep

Explore Upminster Park, Gaynes Parkway and Hacton Parkway. Pop into the Ingrebourne Nature Discovery Centre on a sunny day to enjoy wide open spaces, spot fantastic wildlife and gain the mental health benefits of being in nature.

Walking to school helps children arrive refreshed, fit and ready to learn!

Can't walk the whole way? Try to park outside the zone and walk the rest of the trip.

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Key:

- 5 minute walking zone
- 10 minute walking zone
- Bus stops
- Pedestrian crossings
- Footpath
- School Street in operation – please check timings
- Car park

Roads in **RED** are higher air pollution routes – avoid these if you can

Roads in **YELLOW** are lower air pollution routes – walking on these streets will help you breathe less air pollution

Footpaths through areas in **GREEN** are the lowest pollution routes

