

29/02/24

Dear parents/carers

Year 5: Gurdwara Trip

During Spring 2, year 5 will be exploring Sikhism as a part of our RE unit. To help the children develop their knowledge of this religion, we have organised a trip to the Barking Gurdwara. There, we will speak to volunteers about the teachings of Sikhism, explore the Gurdwara and learn about what worship means to Sikhs.

The dates of the trip are as follows: Friday 22nd March - 5 Alder Tuesday 26th March - 5 Hawthorn Thursday 28th March - 5 Aspen

Upon entering a Gurdwara, children and adults will be asked to remove their shoes, place a covering on their head (provided by the Gurdwara) and wash their hands. This is an important show of respect and we ask that all those joining us follow this custom.

During our visit, the children will be offered a carton of either apple juice or orange juice. If you object to your child being given a carton, please let us know. As there is not adequate space to store 30 water bottles, we ask that children leave their bottles at school.

Each class will walk to Upminster Bridge Station and use the District Line to travel to Barking. Please ensure your child is in normal school uniform (not PE kit) and has a waterproof coat in case of bad weather. We will be leaving school at 9:30 am and will have returned by 12:50 pm. This will impact our lunch timings and we kindly ask that, **on the day your child attends the Gurdwara, please provide a packed lunch for them**. If you would like a free school meal, we can arrange for one to be prepared in lieu of a hot meal.

Yours sincerely

Miss Ansell, Miss Briton and Miss McLaughlin

Year 5 Team



VISIT TO BARKING GURDWARA

I agree to.....

In class..... taking part in this visit.

MEDICAL INFORMATION

Any conditions which require medical treatment/medication: (please list)

I authorise members of staff during the course of the visit to approve such medical treatment for my child as is deemed necessary in an emergency on the advice of a qualified medical practitioner. ()

Signed.....Parent/Carer

Dated.....

Telephone No.....

Alternative telephone No.....

I agree for my child to cover their head and remove their shoes when in the Gurdwara ()

My child is entitled to free school meals and will require one on the day of the trip ()